

SAYANAADI AVASTHAS

STATES RELATE TO ACTIVITY

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Avasthas are the states of planets. There are different kinds of states. Of these, age-related states are the most popular. Based on the advancement of a planet in its rasi, it is said to be in Saisava (child), Kaumaara (adolescent), Yuva (youth), vridhdha (old) or mrita (dead) avasthas. Apart from these states related to age, we have states related to alertness (sleeping, dreaming, awake), two kinds of states related to attitude/mood and states related to activity.

There are 12 possible states of a planet related to its activity. These are called "Sayanaadi avasthas" (states starting from "Sayana"). States related to activity are the most important of all states. Whether one is young or adolescent or old plays a role in deciding one's productivity. Whether one is alert or not plays a role in deciding one's productivity. Whether one is angry or sad or happy plays a role in deciding one's productivity. However the exact activity one engages in is more important. Similarly, states related to activity are the most important of all states.

For each planet, we use the following formula to find its avastha. Suppose C is the number of the constellation occupied by the planet (1 for Aswini, 2 for Bharani and so on). Suppose P is the index of the planet whose avastha we are finding (1 for Sun, 2 for Moon). Suppose A is the index of the amsa (navamsa) occupied by the planet in its rasi. Suppose M is the constellation occupied by Moon. Suppose G is the ghati running at birth. Suppose L is the rasi occupied by lagna (1 for Ar, 2 for Ta and so on). Then we compute $(C \times P \times A) + M + G + L$, divide it by 12 and take the remainder. Using the resulting number as the avastha index and referring to Table 1, we find out the avastha of the planet.

TABLE 1: SAYANAADI AVASTHAS

AVASTHA INDEX	AVASTHA NAME	MEANING
1	Sayana	Lying down, resting
2	Upavesana	Sitting down
3	Netrapaani	Eyes and hands
4	Prakaasana	Shining
5	Gamana	Going (on the move)
6	Aagamana	Coming, returning

7	Sabhaa (Sabhaa vasati)	Being at an assembly
8	Aagama	Coming/Acquiring
9	Bhojana	Eating
10	Nriyalipsaa	Longing to dance
11	Kautuka	Being eager
12	Nidraa	Sleeping

After we find the avastha index, we can multiply it with itself and add the number corresponding to the first sound in the first syllable of the name, as found from Table 2. We can take the remainder when that number is divided by 12. Then we can add a planetary adjustment to the remainder. We use 5 for Sun and Jupiter, 2 Moon and Mars, 3 for Mercury, Venus and Saturn and 4 for Rahu and Ketu. We divide the sum by 3 and take the remainder. This gives the strength of the activity. A value of 1 means "drishti" and medium results. A value of 2 means "cheshta" and full results. A value of 3 (or 0) means "vicheshta" and gives very little results. Based on the activity-related state of a planet, we can guess the results given by it. Based on whether it is in Cheshta, Drishti or Vicheshta, the results will be full, medium or little. An example at the end will clarify this computation.

TABLE 2: NUMBERS OF THE SOUNDS

Number	Sounds	Roman transliteration
1	अ क छ ड ध भ व	a, ka, chh, d (alveolar), dh (dental), bh, v
2	इ ख ज ढ न म श	i, kh, j, dh (alveolar), n (dental), m, s/sh (palatal)
3	उ ग झ त प य ष	u, g, jh, t, p, y, sh (alveolar)
4	ए घ ट थ फ र स	e, gh, t (alveolar), th (dental), ph, r, s (dental)
5	ओ च ठ द ब ल ह	o, ch, th (alveolar), d (dental), b, l, h

RESULTS OF AVASTHA

RESULTS IN SAYANA AVASTHA

Sun: Digestive troubles, diseases, stout legs, bile, piles, heart troubles.

Moon: Honorable, sluggish, lustful, spoils finances.

Mars: Troubled, wounded, ulcers, itches.

Mercury: Addicted to pleasures, licentious, wicked, always hungry; [in lagna] lame, eyes like a bee.

Jupiter: Strong, but weak voice, tawny complexion, prominent cheeks, afraid of enemies.

Venus: Strong, troubles of teeth, short-tempered, poor, licentious.

Saturn: Hungry, thirst, diseases in childhood, wealthy later.

Rahu: Many miseries; [in Ar, Ta, Ge, Vi] wealth.

Ketu: Many diseases; [in Ar, Ta, Ge, Vi] wealth.

RESULTS IN UPAVESANA AVASTHA:

Sun: Poor, fond of quarrels, hard-hearted, loses money.

Moon: diseases, unintelligent, poor, merciless, does misdeeds, steals money.

Mars: Strong, sinful, liar, eminent, wealthy.

Mercury: [in lagna] good character; [conjoined/aspected by malefics] poor; [conjoined/aspected by benefics] wealthy and happy.

Jupiter: Talkative, troubled by enemies and kings, ulcers on feet, hands, feet.

Venus: Endowed with gems and gold, destroys enemies, honored by kings, happy.

Saturn: Self-respect, punished by kings, troubles by enemies, faces dangers, ulcers.

Rahu: Distressed due to ulcers, royal association, honorable, but financial troubles.

Ketu: Distressed due to ulcers, troubles from enemies, snakes and thieves, windy (vaata-related) diseases.

RESULTS IN NETRAPAANI AVASTHA:

Sun: Ever happy, wise, helps others, strong, wealthy, pleasures, favorite of kings.

Moon: Great diseases, garrulous, wicked, always bad actions.

Mars: [in lagna] penury; [elsewhere] ruler of a town.

Mercury: Honorable, no wisdom, no learning, no well-wishers; [in 5th] no happiness from wife and children, many daughters, gains money from royal patronage.

Jupiter: Devoid of health and wealth, libidinous, likes entertainment, tawny complexion, moves with people of a different class.

Venus: [in lagna, 7th or 10th] troubles to eyes and loss of wealth; [else] large house.

Saturn: Charming wife, learned in arts, royal favors, friends, intelligent, good speaker.

Rahu: Eyes troubles, financial losses, troubles from wicked men, snakes and thieves.

Ketu: Eyes troubles, troubles from wicked men, snakes, thieves and rulers.

RESULTS IN PRAKAASANA AVASTHA:

Sun: Charitable, wealthy, good orator in assemblies, strong, good-looking.

Moon: Famous in world, virtuous, royal patronage, royal insignia, wealth, luxuries, regular visits to shrines, many ornaments.

Mars: Virtuous and honored by kings; [in 5th] loss of children; [in 5th with Rahu] faces a severe fall.

Mercury: Charitable, kind, good deeds, scholar of many subjects, wise and destroyer of groups of wicked men.

Jupiter: Virtuous, pure happiness and comfort, splendourous, visits holy places of Krishna; [if exalted] excellent fame in the whole world, very opulent.

Venus: [exalted or in own/friendly rasi] has a conduct similar to a mighty elephant; equal to a king, interested in poetry, arts and music.

Saturn: Virtuous, intelligent, opulent, likes entertainment, kind, devotee of Shiva.

Rahu: Prosperous in foreign places, virtuous, wealthy, high position, good deeds, a chief in king's court, charming.

Ketu: Wealthy, righteous, lives abroad, enthusiastic, genuine, serves the king.

RESULTS IN GAMANA AVASTHA:

Sun: Lives in foreign lands, unhappy, lazy, unwise, poor, disturbed by fears, angry.

Moon: [if waning] sinful, cruel, eye troubles; [if waxing] troubled by fear.

Mars: Wanderer, boils, itches, quarrels with women, many wounds and ulcers.

Mercury: Visits the courts of kings frequently, wealthy.

Jupiter: Brave, many friends, scholar, wealthy.

Venus: Mother doesn't live long, separated from own people, fear from enemies.

Saturn: Rich, good sons, scholar at a king's court, grabs other people's land.

Rahu: Many children, scholarly, wealthy, charitable and honored by a king.

Ketu: Many children, scholarly, wealthy, charitable, virtuous, great man.

RESULTS IN AAGAMANA AVASTHA:

Sun: Affairs with the wives of others, deserted by people, likes travels, cheat, dirty.

Moon: Honorable, diseases of feet, secret sins, poor, unintelligent, sad.

Mars: Good character, endowed with gems, has weapons, destroyer of enemies.

Mercury: Visits the courts of kings frequently, wealthy.

Jupiter: Servants, excellent women and wealth always adore his abode.

Venus: Wealthy, visits holy shrines, enthusiastic, diseases of hands and feet.

Saturn: Separated from family, foolish, wanderer, miserable.

Rahu: Irritable, unintelligent, poor, wicked, miserly, libidinous.

Ketu: Diseases, loss of wealth, tale-bearer, hurts others.

RESULTS IN SABHAA AVASTHA

Sun: Helps others, possesses wealth, gems and lands, virtuous, very strong, affectionate and kind.

Moon: Eminent, honored by kings, sexual pleasures, good character.

Mars: A scholar in a king's court, wealthy, honorable, charitable; [if exalted] skilled at wars, successful, upholds dharma; [in trines] unlearned; [in 12th] devoid of happiness from wife and children.

Mercury: [if exalted] highly wealthy and good deeds; wealthy, king or a minister, devotion to Vishnu and Shiva, saattwik, obtains moksha.

Jupiter: Excellent speech, superior gems and wealth, , royal insignia, supremely learned.

Venus: Eminent in a king's court, virtuous, destroyer of enemies, wealthy and charitable.

Saturn: Displays excellent judicial knowledge in assemblies, excellent wealth and gems, exceedingly brilliant.

Rahu: Scholarly, miserly, many virtues, wealthy, happy.

Ketu: Garrulous, proud, miserly, licentious, skillful in evil subjects.

RESULTS IN AAGAMA AVASTHA

Sun: Troubled by enemies, fickle-minded, cheat, emaciated, doesn't follow good dharma and karma, wanton.

Moon: [if waxing] Garrulous, virtuous; [if waning] two wives, sick, cheat, wicked.

Mars: Bad character and deeds, ear troubles, timid, friendly with evil-minded people.

Mercury: Serves mean people and makes money, two sons, one daughter who brings good name.

Jupiter: Many conveyances, comforts, honors, servants, happiness from progeny, knowledge, friends, learning and noble path.

Venus: No wealth, troubles from enemies, separation from children, diseases, unhappiness from spouse.

Saturn: Diseases, not skillful, no royal patronage.

Rahu: Financial losses, fear of enemies and litigation, depressed, separated from own people, emaciated, manipulative.

Ketu: Notorious, sinful, litigation with own men, diseases, enemies.

RESULTS IN BHOJANA AVASTHA

Sun: Pains in joints, loss of wealth over opposite sex, loss of strength, lies, headaches, spreading lies, bad path.

Moon: [if waxing] Social status, honor, conveyances, wife and daughters, servants; [if waning] these results will be hard to get.

Mars: [if strong] sweet food; [if weak] means acts, dishonorable.

Mercury: Financial losses in litigations, wrath of kings, no marital happiness.

Jupiter: Excellent food, wealth, royal insignia.

Venus: [debilitated] wealthy, respected by scholars; [else] Distressed due to hunger, diseases, fear from enemies.

Saturn: Weak-sighted, delusion, enjoys tasty food.

Rahu: No happiness from wife and children, bereft of good food, timid.

Ketu: Hungry, sick, wanderer, poor.

RESULTS IN NRITYALIPSAA AVASTHA

Sun: Learned, scholar, good at discussing poetry, revered by kings.

Moon: [if waxing] strong, knowledge of poetry and music, connoisseur of arts; [if waning] sinful.

Mars: Wealthy through royal connections, has gold, diamonds and corals.

Mercury: Honor, conveyances, gems, valorous, friends, progeny, learned in assemblies; [in a malefic rasi] licentious, goes to prostitutes.

Jupiter: Honored by kings, wealthy, learned in dharma sastra and tantra, revered by powerful men, respected by learned men, a scholar and faultless in grammar and etymology.

Venus: Skillful in literature, arts, music, meritorious and opulent.

Saturn: Righteous, opulent, honored by kings, brave and heroic at wars.

Rahu: Great disease, eye problems, fear from enemies, financial losses.

Ketu: Diseases, eye troubles, wicked, sinful.

RESULTS IN KAUTUKA AVASTHA

Sun: Happy, learned, performs yajnas (rites), stays at a king's palace, good at discussing poetry, good-looking.

Moon: King, wealthy, skillful in sexual acts.

Mars: Curious, friends and children; [if exalted] honored by king and virtuous.

Mercury: [in lagna] skillful in music; [in 7th or 8th] addicted to courtesans; [in 9th] good deeds and character, goes to heaven.

Jupiter: Curious, very kind, happy, honored, sons, famous.

Venus: Opulent, learned, famous and respected in assemblies.

Saturn: Endowed with lands, wealthy, happy, pleasures from charming ladies, learned in poetry and arts.

Rahu: Wanderer, after other men's wives, steals other men's wealth.

Ketu: Goes after courtesans, losses in profession, sinful, wanderer.

RESULTS IN NIDRAA AVASTHA

Sun: Drowsy, lives abroad, troubles to wife.

Moon: [if with Jupiter] eminent; [without Jupiter] loses wealth on females, troubles.

Mars: Angry, unintelligent, poor, wicked, fallen from the virtuous path, sick.

Mercury: Uncomfortable sleep, troubles of neck, miseries, litigation with own men, loses wealth.

Jupiter: Poor, unintelligent, foolish, no righteous acts.

Venus: Serves others, criticizes others, garrulous, wanderer.

Saturn: Rich, charming, good character, brave, destroys all enemies, skillful in dealing with women.

Rahu: Virtuous, good wife and children, happy, proud, bold, wealthy.

Ketu: Virtuous, endowed with wealth and agricultural products, whiles away time with entertainment.

ILLUSTRATION

Example: Let us take a native born at 5:50 pm (IST) on 4th April 1970 at Machilipatnam, India (81E12, 16N15). Let us find the activity-related states of Mercury, Jupiter and Venus for this native. The native's given name starts with "V".

Moon is in Poorvabhadrapada, i.e. the 25th constellation. So M = 25. The native was born at 5:50 pm and sunrise was at 6 am. So 11:50 hours passed since sunrise. In minutes, this is 710 minutes. Because a ghata contains 24 minutes, this is 29.6 ghatis. So the 30th ghata after sunrise was running at birth. So G = 30. Lagna is in Virgo, the 6th rasi from Aries and so L = 6. The native's given name starts with "V" and the number corresponding to this sound is 1.

Mercury: Mercury is at 3Ar08. He is in Aswini, i.e. 1st constellation. So C = 1. Because Mercury is the 4th planet from Sun, P = 4. Mercury is in the first 1/9th of Ar and so A = 1. Using the formula, we get $(C \times P \times A) + M + G + L = (1 \times 4 \times 1) + 25 + 30 + 6 = 65$. Dividing it by 12, we get a remainder of 5. From Table 1, we see that an avastha index of 5 means "Gamana" avastha (going/on the move). We see that 5×5 is 25. Adding 1 (corresponding to the sound), we get 26. Remainder when this is divided by 12 is 2. Adding 3 (Mercury's planetary adjustment), we get 5. When we divide it by 3, remainder is 2. It shows "Cheshta". So Mercury's results due to "Gamana" avastha are given in full. We see that the standard results are "visits the courts of kings frequently, wealthy".

Jupiter: Jupiter is at 9Li46. He is in Swaati, i.e. 15th constellation. So C = 15. Because Jupiter is the 5th planet from Sun, P = 5. Jupiter is in the third 1/9th of Li and so A = 3. Using the formula, we get $(C \times P \times A) + M + G + L = (15 \times 5 \times 3) + 25 + 30 + 6 = 286$. Dividing it by 12, we get a remainder of 10. From Table 1, we see that an avastha index of 10 means "Nriyalipsaa" avastha (urge for dance). We see that 10×10 is 100. Adding 1 (corresponding to the sound), we get 101. Remainder when this is divided by 12 is 5. Adding 5 (Jupiter's planetary adjustment), we get 10. When we divide it by 3, remainder is 1. It shows "Drishti". So Jupiter's results due to "Nriyalipsaa" avastha are given only to a medium extent. We see that the standard results are: "honored by kings, wealthy, learned in dharma sastra and tantra, revered

by powerful men, respected by learned men, a scholar and faultless in grammar and etymology".

Venus: Venus is at 7Ar55. He is in Aswini, i.e. 1st constellation. So C = 1. Because Venus is the 6th planet from Sun, P = 6. Venus is in the third 1/9th of Ar and so A = 3. Using the formula, we get $(C \times P \times A) + M + G + L = (1 \times 6 \times 3) + 25 + 30 + 6 = 79$. Dividing it by 12, we get a remainder of 7. From Table 1, we see that an avastha index of 7 means "Sabhaa" avastha (assembly/council). We see that 7×7 is 49. Adding 1 (corresponding to the sound), we get 50. Remainder when this is divided by 12 is 2. Adding 3 (planetary adjustment of Venus), we get 5. When we divide it by 3, remainder is 2. It shows "Cheshta". So Venus's results due to "Sabhaa" avastha are given in full. We see that the standard results are "eminent in a king's court, virtuous, destroyer of enemies, wealthy and charitable".

IMPORTANCE OF SAYANAADI AVASTHAS

Sayanaadi (Sayana *etc*) avasthas are the most important of all avasthas. In addition to the results listed above, Parasara listed some special results. If a benefic is in Sayana avastha, the house benefits from his presence. If a malefic is in Nidraa avastha in the 7th house without the conjunction or aspect of another malefic, it is auspicious. If a malefic is in Bhojana avastha, the house containing it is destroyed. If a malefic is in the 5th house in Sayana or Nidraa avastha, it is auspicious. If a malefic is in the 8th house in Sayana or Nidraa avastha, it brings death by royal wrath. If a malefic occupies the 10th house in Bhojana or Sayana avastha, all kinds of miseries may be expected. If a benefic or a planet in own or exaltation rasi occupies in the 1st, 5th, 7th or 10th house in Prakasana, Nrityalipsaa or Kautuka avasthas, it brings Raja Yoga. Parasara specifically mentioned Moon in the 10th house in Kautuka or Prakaasana avasthas.

However, one should not be carried away with avasthas and one should remember that they are only the "states" of the planet. The state of a planet related to age, alertness, mood and activity will have a role in the results given by it, but the houses influenced by it in various divisional charts are more important in deciding the results. We should avoid the temptation to make predictions based on thumbrules and look-up tables.

ASSIGNMENT

Exercise 1: Consider our Gurudeva Pt. Sanjay Rath's birthdata: 7th August 1963, 9:15 pm (IST), 83e58, 21n27. Moon is on the border of two constellations – Satabhisha and Poorvabhadrapada. Depending on ayanamsa and other calculations, one may get either. Take it in Satabhisha for the purpose of this exercise. Find the activity related avasthas of all the nine planets in his chart. Give the standard results and comment on the strength of different planets.

Exercise 2: Clearly give your birthdata and repeat the exercise for your own chart.

HARI OM TAT SAT